

TerryWhite Chemmart Diclofenac Potassium Rapid 25

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using TerryWhite Chemmart Diclofenac Potassium Rapid 25?

TerryWhite Chemmart Diclofenac Potassium Rapid 25 contains the active ingredient Diclofenac potassium. These medicines can relieve the symptoms of pain and inflammation but they will not cure your condition.

For more information, see Section [1. Why am I using TerryWhite Chemmart Diclofenac Potassium Rapid 25?](#) in the full CMI.

2. What should I know before I use TerryWhite Chemmart Diclofenac Potassium Rapid 25?

Do not use if you have ever had an allergic reaction to diclofenac or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use TerryWhite Chemmart Diclofenac Potassium Rapid 25?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with TerryWhite Chemmart Diclofenac Potassium Rapid 25 and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use TerryWhite Chemmart Diclofenac Potassium Rapid 25?

- The usual dose is 2 tablets initially, followed by either 1 or 2 tablets at 8 hourly intervals.
- Swallow the tablets with a full glass of liquid.

More instructions can be found in Section [4. How do I use TerryWhite Chemmart Diclofenac Potassium Rapid 25?](#) in the full CMI.

5. What should I know while using TerryWhite Chemmart Diclofenac Potassium Rapid 25?

Things you should do	• Remind any doctor, dentist or pharmacist you visit that you are using TerryWhite Chemmart Diclofenac Potassium Rapid 25. • If you feel the medicine is not helping, tell your pharmacist or doctor. This will help him/her to determine the best treatment for you.
Things you should not do	• Do not use TerryWhite Chemmart Diclofenac Potassium Rapid 25 to treat any other complaints, unless your pharmacist or doctor says you can. • Do not give this medicine to anyone else, even if their condition seems to be similar to yours.
Driving or using machines	• Be careful before you drive or use any machines or tools until you know how TerryWhite Chemmart Diclofenac Potassium Rapid 25 affects you.
Looking after your medicine	• Store the tablets in a cool dry place where the temperature stays below 25°C.

For more information, see Section [5. What should I know while using TerryWhite Chemmart Diclofenac Potassium Rapid 25?](#) in the full CMI.

6. Are there any side effects?

Less serious side effects: loss of appetite, stomach upset including nausea etc. & Serious side effects: unusual weight gain, swelling of ankles or legs etc. Very serious side effects: dizziness, light headedness etc.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

TerryWhite Chemmart Diclofenac Potassium Rapid 25 Tablets

Active ingredient(s): *Diclofenac potassium*

Consumer Medicine Information (CMI)

This leaflet provides important information about using TerryWhite Chemmart Diclofenac Potassium Rapid 25. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using TerryWhite Chemmart Diclofenac Potassium Rapid 25.**

Where to find information in this leaflet:

- [1. Why am I using TerryWhite Chemmart Diclofenac Potassium Rapid 25?](#)
- [2. What should I know before I use TerryWhite Chemmart Diclofenac Potassium Rapid 25?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use TerryWhite Chemmart Diclofenac Potassium Rapid 25?](#)
- [5. What should I know while using TerryWhite Chemmart Diclofenac Potassium Rapid 25?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using TerryWhite Chemmart Diclofenac Potassium Rapid 25?

TerryWhite Chemmart Diclofenac Potassium Rapid 25 contains the active ingredient Diclofenac potassium. TerryWhite Chemmart Diclofenac Potassium Rapid 25 belongs to a family of medicines called non-steroidal anti-inflammatory drugs (NSAIDs). These medicines can relieve the symptoms of pain and inflammation but they will not cure your condition.

TerryWhite Chemmart Diclofenac Potassium Rapid 25 relieves pain and reduces inflammation (swelling and redness). It can be used for:

- The short-term treatment (up to 1 week) of painful conditions where swelling is a problem such as back or joint pain, dental pain, muscle strains or sprains and tendinitis (e.g. tennis elbow).
- The relief of menstrual cramps (period pain).
- The relief of migraine headaches. It may also relieve nausea and vomiting you sometimes experience when you have a migraine.

2. What should I know before I use TerryWhite Chemmart Diclofenac Potassium Rapid 25?

Do not take TerryWhite Chemmart Diclofenac Potassium Rapid 25 if you have an allergy to:

- diclofenac, or any of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.
- other medicines containing diclofenac
- aspirin
- any other NSAID or anti-inflammatory medicines

Many medicines used to treat headache, period pain and other aches and pains contain aspirin or NSAID medicines. If you are not sure if you are taking any of these medicines, ask your pharmacist.

Symptoms of an allergic reaction to these medicines may include:

- asthma, wheezing or shortness of breath
- swelling of the face, lips or tongue which may cause difficulty in swallowing or breathing, hives, itching or skin rash
- fainting

If you are allergic to diclofenac, aspirin or NSAID medicines and take TerryWhite Chemmart Diclofenac Potassium Rapid 25, these symptoms may be severe.

Do not take this product if you have:

- an ulcer (gastric or duodenal) or other stomach disorders, or bleeding from the stomach or bowel
- impaired kidney function
- heart failure
- severe liver disease

Tell your pharmacist or doctor if, in the past, you have ever had:

- ulcers (gastric or duodenal)
- severe attacks of indigestion or other stomach trouble
- diseases of the bowel (e.g. Crohn's disease, ulcerative colitis)

- bleeding from your rectum (back passage)

Tell your pharmacist or doctor if you have any of these health problems/medical conditions at the present time:

- heart disease
- kidney disease
- liver disease
- high blood pressure
- a tendency to bleed or other blood problems such as anaemia
- asthma

Your pharmacist or doctor may want to take special precautions if you have any of these conditions.

Tell your pharmacist or doctor if you have an infection at the present time. If you take TerryWhite Chemmart Diclofenac Potassium Rapid 25 while you have an infection, some of the signs of the infection may be hidden (pain, fever, swelling, redness). You may think, mistakenly, that you are better or that the infection is not serious.

Do not take after the expiry date printed on the pack. It may have no effect at all, or worse, an entirely unexpected effect if you take it after the expiry date.

Do not take if the foil seal over the tablets has been broken or shows signs of tampering. In that case, return it to your pharmacist.

If you are not sure whether you should start taking TerryWhite Chemmart Diclofenac Potassium Rapid 25, talk to your pharmacist or doctor.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Tell your pharmacist or doctor if you are pregnant, intend to become pregnant, or are breastfeeding. **Like most NSAID medicines, TerryWhite Chemmart Diclofenac Potassium Rapid 25 must not be used in the last 3 months of pregnancy, and is not recommended to be used during the first 6 months of pregnancy, or when breastfeeding.**

Use in Children

Do not give this medicine to a child under 14 years of age. TerryWhite Chemmart Diclofenac Potassium Rapid 25 is not recommended for use in children under 14 years of age, as there is not enough information on its use in children under that age.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines that are important to mention include:

- diclofenac, aspirin, salicylates, other anti-inflammatory medicines or other medicines for pain relief
- warfarin, a medicine used to stop blood clots
- digoxin, a medicine for your heart
- ACE inhibitors or beta blockers (for high blood pressure and heart failure)
- corticosteroids (for relief of inflamed areas of the body)
- lithium or serotonin-reuptake inhibitors (SSRIs) (medicines used to treat depression)
- diuretics, also called fluid or water tablets
- tablets used to treat diabetes
- methotrexate, a medicine used to treat arthritis and some cancers
- cyclosporin, a medicine used to suppress the immune system
- certain antibiotics called quinolones
- sulfapyrazole (a medicine used to treat gout)
- voriconazole (a medicine used to treat fungal infections)
- phenytoin (a medicine used to treat seizures)
- trimethoprim (a medicine used to treat urinary tract infections)
- quinolone antibacterials (medicines used to treat infections)
- glucocorticoid medicines (used to treat arthritis)

your pharmacist and doctor have more information on medicines to be careful with or avoid while taking TerryWhite Chemmart Diclofenac Potassium Rapid 25.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect TerryWhite Chemmart Diclofenac Potassium Rapid 25.

4. How do I use TerryWhite Chemmart Diclofenac Potassium Rapid 25?

Follow all directions given to you by your pharmacist or doctor carefully. These instructions may differ from the information contained in this leaflet.

If you do not understand any of the instructions, ask your pharmacist or doctor for help.

How much to take

TerryWhite Chemmart Diclofenac Potassium Rapid 25 comes in tablets which contain 25 mg of the active ingredient, diclofenac potassium.

For most pain conditions:

- The usual dose is 2 tablets initially, followed by either 1 or 2 tablets at 8 hourly intervals. In milder cases, as well as in children over 14 years old, 1 to 2 tablets initially, followed by 1 tablet at 8 hourly intervals, is usually enough.

For menstrual pain (period pain):

- The usual dose is 2 tablets at the first sign of symptoms. You may take 2 tablets up to three times daily for the next few days as required.

For migraine:

- The usual dose is 2 tablets at the first sign of a migraine attack. If the pain is not relieved within 2 hours, a further 1 to 2 tablets may be taken. After that dose, you must wait at least 4 hours before taking any more TerryWhite Chemmart Diclofenac Potassium Rapid 25.

Do not take more than 8 tablets in 24 hours, for relief of any of the above conditions.

For migraine attacks, do not take more than 8 tablets even if you have more than one migraine attack within that 24 hour period.

If symptoms persist or worsen, see your doctor to ensure that they are not due to a serious illness. The use of TerryWhite Chemmart Diclofenac Potassium Rapid 25 could mask potentially serious infections.

How to take TerryWhite Chemmart Diclofenac Potassium Rapid 25

- **Swallow the tablets with a full glass of liquid.** They will work more quickly if you take them at least half an hour before meals or two hours after meals. But, if they upset your stomach, you can take them with food.
- **Do not lie down for about 15 to 30 minutes after taking the tablets.** This helps them reach your stomach quickly and prevents throat irritation, which could lead to problems with swallowing.

How long to take it

- Do not take TerryWhite Chemmart Diclofenac Potassium Rapid 25 for more than a few days at a time or for longer than your pharmacist or doctor has told you to.
It is usually taken for a short time only. For menstrual cramps (period pain), the tablets are usually taken during each period as soon as cramps begin and continued for a few days until the pain goes away.

If you forget to take it

If it is almost time for your next dose (e.g. within 2 or 3 hours), skip the dose you missed and take the next dose when you are meant to. Otherwise, take it as soon as you remember, and then go back to taking it as you would normally.

Do not take a double dose to make up for the one that you missed. If you are not sure what to do, ask your pharmacist or doctor.

If you have trouble remembering when to take your medicine, ask your pharmacist for some hints.

If you use too much TerryWhite Chemmart Diclofenac Potassium Rapid 25

If you think that you have used too much TerryWhite Chemmart Diclofenac Potassium Rapid 25, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using TerryWhite Chemmart Diclofenac Potassium Rapid 25?

Things you should do

- If you become pregnant while taking TerryWhite Chemmart Diclofenac Potassium Rapid 25, tell your pharmacist or doctor immediately. He/she can discuss with you the risks of using it while you are pregnant.
- If you are about to be started on any new medicine, remind your pharmacist and doctor that you are taking TerryWhite Chemmart Diclofenac Potassium Rapid 25.
- Take TerryWhite Chemmart Diclofenac Potassium Rapid 25 exactly as directed by your pharmacist or doctor. If you do not follow these instructions, your condition may not improve or you may have unwanted side effects.
- If, for any reason, you have not taken your medicine exactly as directed or as described in this leaflet, tell your pharmacist or doctor. Otherwise, he/she may think that it was not effective and change your treatment unnecessarily.
- If you feel the medicine is not helping, tell your pharmacist or doctor.
This will help him/her to determine the best treatment for you.
- If you are going to have surgery, make sure the surgeon and the anaesthetist know that you are taking

TerryWhite Chemmart Diclofenac Potassium Rapid 25. NSAID medicines can slow down blood clotting.

- If you get an infection while taking TerryWhite Chemmart Diclofenac Potassium Rapid 25, tell your doctor. This medicine may hide some of the signs of an infection (pain, fever, swelling, redness). You may think, mistakenly, that you are better or that the infection is not serious.
- Tell any other doctor, dentist or pharmacist who treats you that you are taking TerryWhite Chemmart Diclofenac Potassium Rapid 25.

Things you should not do

- **Do not take any medicines used to treat arthritis while you are taking TerryWhite Chemmart Diclofenac Potassium Rapid 25 without first telling your doctor or pharmacist. This includes:**
 - Aspirin (also called ASA or acetylsalicylic acid)
 - other salicylates
 - other forms of or Diclofenac Potassium
 - any other NSAID medicine

If you take these medicines together with TerryWhite Chemmart Diclofenac Potassium Rapid 25, they may cause unwanted effects. If you need to take something for headache or fever, it is usually okay to take paracetamol. If you are not sure, ask your pharmacist or doctor.

Do not use TerryWhite Chemmart Diclofenac Potassium Rapid 25 to treat any other complaints, unless your pharmacist or doctor says you can. Do not give this medicine to anyone else, even if their condition seems to be similar to yours.

Things to be careful of

Be careful driving, operating machinery or doing jobs that require you to be alert until you know how TerryWhite Chemmart Diclofenac Potassium Rapid 25 affects you.

As with other NSAID medicines, TerryWhite Chemmart Diclofenac Potassium Rapid 25 may cause dizziness, drowsiness or blurred vision in some people. If you have any of these symptoms, do not drive or do anything else that could be dangerous.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how TerryWhite Chemmart Diclofenac Potassium Rapid 25 affects you.

As with other NSAID medicines, TerryWhite Chemmart Diclofenac Potassium Rapid 25 may cause dizziness, drowsiness or blurred vision in some people. If you have any of these symptoms, do not drive or do anything else that could be dangerous.

Looking after your medicine

Do not store TerryWhite Chemmart Diclofenac Potassium Rapid 25 or any other medicine in the bathroom or near a sink.

- Keep your tablets in the original container until it is time to take them.
- Store the tablets in a cool dry place where the temperature stays below 25°C.

Keep it where young children cannot reach it.

A locked cupboard at least one-and-a-half meters above the ground is a good place to store medicines.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions.

If you get an allergic reaction stop taking TerryWhite Chemmart Diclofenac Potassium Rapid 25 and see your doctor immediately.

If you are over 65 years old, you should be especially careful while taking this medicine. Report any side effects promptly to your pharmacist or doctor.

As people grow older, they are more likely to get side effects from medicines.

Do not be alarmed by this list of possible side effects. You may not experience any of them. Ask your pharmacist or doctor to answer any questions you may have.

Tell your pharmacist or doctor if you notice any of the following and they worry you:

Less serious side effects

Less serious side effects	What to do
• stomach upset including nausea (feeling sick), vomiting, heartburn, indigestion, cramps • loss of appetite • constipation, diarrhoea, pain in the stomach, wind	Speak to your doctor or pharmacist if you have any of these less

• dizziness, light headedness • drowsiness, sleepiness, disorientation • buzzing or ringing in the ears • change in mood, for example, feeling depressed, anxious or irritable • trembling, sleeplessness, nightmares • headache • sore mouth or tongue • hair loss or thinning • altered taste sensation	serious side effects and they worry you.
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Serious side effects

Serious side effects	What to do
• severe pain or tenderness in the stomach • signs of frequent or worrying infections such as fever, severe chills, sore throat or mouth ulcers • bleeding or bruising more easily than normal; reddish or purplish blotches under the skin • signs of anaemia such as tiredness, being short of breath, looking pale • a change in the colour of urine passed, blood in the urine • a change in the amount or frequency of urine passed, burning feeling when passing urine • signs of a liver problem such as tiredness, lack of energy, itching of the skin, yellowing of the skin and eyes, pain in abdomen • unusual weight gain, swelling of ankles or legs • symptoms of sunburn (such as redness, itching, swelling, blistering) which may occur more quickly than normal • eye problems such as blurred or double vision • severe dizziness, spinning sensation • severe or persistent headache • tingling or numbness of the hands or feet • fast or irregular heart beat, also called palpitations • difficulty hearing	Tell your doctor immediately if you notice any of these serious side effects.

These are serious side effects. You may need urgent medical attention. Serious side effects are rare.

Very serious side effects

Very serious side effects	What to do
• vomiting blood or material that looks like coffee grounds • bleeding from the back passage, black sticky bowel stools or bloody diarrhoea • signs of allergic reactions such as: – swelling of the face, lips or tongue which may cause difficulty in swallowing or breathing – asthma, wheezing, shortness of breath – sudden or severe itching, skin rash or hives • fainting or seizures (fits) • sudden and oppressive pain or tightness in the chest (may be sign of a heart attack) • severe nausea, dizziness, numbness, difficulty in speaking (signs of stroke) • breathlessness, difficulty in breathing when lying down, swelling of feet or legs (sign of heart failure) • yellowing of skin and/or eyes (signs of liver failure).	STOP taking TerryWhite Chemmart Diclofenac Potassium Rapid 25 and tell your doctor immediately or go to Accident and Emergency at your nearest hospital.

These are very serious side effects. You may need urgent medical attention or hospitalisation. These side effects are rare.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

7. Product details

This medicine is available over-the-counter without a doctor's prescription.

What TerryWhite Chemmart Diclofenac Potassium Rapid 25 contains

Active ingredient (main ingredient)	diclofenac potassium
Other ingredients (inactive ingredients)	• silica colloidal anhydrous • calcium hydrogen phosphate anhydrous • magnesium stearate • starch - maize • sodium starch glycollate • cellulose – microcrystalline • Opadry II Pink (85F54390)
Potential allergens	n/a

Do not take this medicine if you are allergic to any of these ingredients.

What TerryWhite Chemmart Diclofenac Potassium Rapid 25 looks like

TerryWhite Chemmart Diclofenac Potassium Rapid 25 tablets are pink coloured, circular, deep biconvex, film coated tablets and plain on both sides.

TerryWhite Chemmart Diclofenac Potassium Rapid 25 Tablets come in blister packs of 20 or 30 tablets.

(AUST R 523193)

Who distributes TerryWhite Chemmart Diclofenac Potassium Rapid 25

TerryWhite Chemmart® pharmacies.
PBA Wholesale Pty Ltd
Ground Floor, 50 Park Road, Milton, Queensland 4064
Australia

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