

Carefully read the instructions for use contained in the package. They contain important information for the patient about the use of the TerryWhite Chemmart Ear Wax Removal Drops. Keep the instructions in case you need to re-read them.

INSTRUCTIONS FOR USE



EAR WAX REMOVAL DROPS

Drops for ear hygiene
15 g

1. What is TerryWhite Chemmart Ear Wax Removal Drops?

TerryWhite Chemmart Ear Wax Removal Drops is a mild preparation intended for ear hygiene, used to remove residual wax from the ear and to prevent its recurrence. The medical device preparation can be also used as an adjunct to clear the ear of secretions resulting from the otitis externa, in particular the auricle of fungal and bacterial etiology, manifested by itching of the ear, redness of the skin of the ear canal without or with slight edema. This product contains dioctyl sodium sulfosuccinate, which effectively removes ear wax, especially in children, and aloe vera, a natural ingredient known for its soothing properties. The product does not contain hydroxybenzoates, other preservatives or propellants.

2. What is TerryWhite Chemmart Ear Wax Removal Drops used for?

Physiologically, the wax protects the ear from dust, foreign bodies and infections. It is a natural barrier preventing the growth of bacteria, viruses and fungi. Earwax lubricates the external auditory meatus, which protects the skin from minor injuries and prevents the ingress of water into the ear canal. Small foreign bodies (e.g. dust) entering the ear are immobilised, and then removed from the ear by the way of self-cleaning. Earwax dries in small lumps that move towards the periphery and then fall out of the ear canal.

Some people have narrow or specifically shaped auditory canals so that even a small amount of wax tends to accumulate in the ear, or in others, wax is produced in volume greater than average. The self-cleaning mechanism can fail and there is a tendency for excessive accumulation of ear wax in the ear. The tendency of excessive secretion of ear wax may be congenital and cause deposition of wax from an early age (in infants and

children). When the wax is being secreted more abundantly, it worries parents of young children - you can see it in the form of sticky grease leaking out. Another important reason for the increased secretion of wax is a mechanical irritation of the ear canal surface e.g. in people with hearing aids, telemarketers, and employees using headphones or handsets or in people using cotton buds to clean the ears.

Forming of ear wax deposits leads to hearing losses, tinnitus (ringing or buzzing in the ears), clogged ears especially upon a bath (softened wax completely blocks an ear), unpleasant feelings of crackling and scratching in the ear, especially during movements of head, ear pain (residual wax can irritate and may cause ear canal dermatitis) and unpleasant reception of own voice (echo).

Infections of the outer ear (auricle) are stimulated by: scratch/chafe the epidermis of the ear canal during mechanical removal of wax, skin maceration as a result of frequent ingress of water into the external auditory meatus, or the use of hearing aids. In the case of outer ear infection (auricle), it is important to cleanse the ear of any residual secretions. However, such action can only be taken after the physican has established the reason of the outer ear infection (bacterial or fungal).

By using TerryWhite Chemmart Ear Wax Removal Drops, ear canal is kept clean, which prevents the accumulation of earwax and counteracts the effects of retention (eg. inflammation).

3. TerryWhite Chemmart Ear Wax Removal Drops dosage and use

TerryWhite Chemmart Ear Wax Removal Drops should be used according to Instructions for use.
In case of any questions, please consult with your doctor, or other qualified health care professional.
The product is intended for children over 1 year of age and adults.

Dosage:
Regular ear hygiene: use 1-2 times weekly.
Removal of accumulated wax: use every day in 3-4 days cycles.

How to use:
External ear canal
Prior to use, take a comfortable position, preferably lying, with ear upwards. Unscrew the cap and place 2 to 4 drops into the ear canal (an ear). Wait for 1 minute. Use saline drops after to wash the ear. After each use clean the dropper and twist the cap back on.

Auricle
In case of infection of the outer ear (auricle), dosage should be determined individually with the physician.

For reasons of hygiene and to avoid a possible transfer of infection, it is recommended to use one product for one person.

4. Contraindications

Do not use if you are allergic to any of the ingredients.

5. Precautions

Do not put the dropper too deeply into the ear canal to avoid causing irritation or damage.

Do not use TerryWhite Chemmart Ear Wax Removal Drops in the case of perforation of the tympanic membrane (ear drum perforation) infection, earache or drainage.

In case of infection, earache or other disturbing symptoms, the medical device should be used only after consultation with a physician.

Ear product. Avoid contact with eyes. Do not apply to the nose. Do not swallow.

6. Storage conditions for TerryWhite Chemmart Ear Wax Removal Drops

Store in the original container at a temperature below 15-25°C. Keep out of the reach and sight of children.
Do not use after the expiry date printed on the label and the carton.
Do not dispose of medical device in household waste containers. Ask your pharmacist what to do with the medical device after expiry date. This will help to protect the environment.

7. Composition of TerryWhite Chemmart Ear Wax Removal Drops

Docusate sodium, aloe, glycerine.

8. Package description

TerryWhite Chemmart Ear Wax Removal Drops is packaged in a plastic bottle with a dropper, containing 15 g of the product. Individual package includes: a carton, a bottle with label and dropper, instructions for use.

Manufacturer:
Gofarm Sp. z o.o. Sp.k.
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30-819 Cracow, Poland
www.gofarm.pl

Distributed by:
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	Manufacturer
	Expiration date
	Batch number
	Read instructions for use
	Storage temperature
	Do not use if the packaging is damaged
	Catalogue number