

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE contains the active ingredient hyoscine butylbromide. TERRYWHITE CHEMMART® STOMACH RELIEF FORTE is known as an anticholinergic medicine. It relieves the pain of stomach and bowel cramps by helping your digestive system to relax. For more information, see Section [1. Why am I using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?](#) in the full CMI.

2. What should I know before I use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?

Do not use if you have ever had an allergic reaction to hyoscine butylbromide or any of the ingredients listed at the end of the CMI. **Talk to your doctor or pharmacist if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.** For more information, see Section [2. What should I know before I use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with TERRYWHITE CHEMMART® STOMACH RELIEF FORTE and affect how it works. A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?

- The recommended dose for adults and children over 6 years of age is one tablet up to four times a day as needed (leave at least 4-6 hours between doses).
- Do not give to a child under 6 years of age. Safety and effectiveness in children younger than 6 years has not been established.

More instructions can be found in Section [4. How do I use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?](#) in the full CMI.

5. What should I know while using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?

Things you should do	• Remind any doctor, dentist or pharmacist when you visit that you are using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE. • Always consult your doctor or pharmacist if the pain does not improve within 48 hours or if pain worsens after treatment.
Things you should not do	• Do not take TERRYWHITE CHEMMART® STOMACH RELIEF FORTE if you have, or have had, a prostate or heart condition. • Do not take TERRYWHITE CHEMMART® STOMACH RELIEF FORTE if you have any conditions of galactose intolerance
Driving or using machines	• In rare cases, TERRYWHITE CHEMMART® STOMACH RELIEF FORTE may cause drowsiness. If affected, do not drive or operate machinery.
Drinking alcohol	• Do not drink alcohol while on medication with TERRYWHITE CHEMMART® STOMACH RELIEF FORTE. • Alcohol may increase the chance of side effects such as drowsiness.
Looking after your medicine	• TERRYWHITE CHEMMART® STOMACH RELIEF FORTE should be kept in a cool dry place where the temperature stays below 30°C.

For more information, see Section [5. What should I know while using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?](#) in the full CMI.

6. Are there any side effects?

All medicines can have side effects. If side effects occur, they are usually mild when TERRYWHITE CHEMMART® STOMACH RELIEF FORTE is used at the recommended dose. It may disappear when you have stopped taking TERRYWHITE CHEMMART® STOMACH RELIEF FORTE. Common side effects include dry mouth, fast heart rate, reduced sweating, a skin condition called dyshidrosis, difficulty with passing urine, allergic reactions. Serious side effects include coma, hallucinations, dystonia, confusion, agitation, dizziness. If these occur seek medical advice or attention immediately. Otherwise, tell your doctor or pharmacist as soon as possible. For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE

Active ingredient: *Hyoscine butylbromide*

Consumer Medicine Information (CMI)

This leaflet provides important information about using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE.**

Where to find information in this leaflet:

- [1. Why am I using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?](#)
- [2. What should I know before I use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?](#)
- [5. What should I know while using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE contains the active ingredient hyoscine butylbromide. TERRYWHITE CHEMMART® STOMACH RELIEF FORTE is known as an anticholinergic medicine.

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE is used to relieve the pain of stomach and bowel cramps by helping your digestive system to relax.

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE tablets are intended for the treatment of temporary complaints.

Always consult your doctor or pharmacist if the pain does not improve within 48 hours or if pain worsens after treatment.

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE tablets are not recommended for use in children under 6 years of age.

2. What should I know before I use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?

Warnings

Do not use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE if:

- you are allergic to hyoscine butylbromide, or any of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.
Some allergic reactions are:
 - Shortness of breath, wheezing or difficulty breathing
 - Swelling of the face, lips, tongue or other parts of the body
 - Rash, itching or hives on the skin
- you have, or have had, a prostate or heart condition.
- you have any conditions of galactose intolerance (for example, galactosaemia, the Lapp lactase deficiency or glucose-galactose malabsorption). This is because TERRYWHITE CHEMMART® STOMACH RELIEF FORTE contains lactose as an ingredient.
- you have myasthenia gravis, glaucoma, porphyria or a condition of the bowel known as megacolon.
- you have a blockage in the stomach or bowel, or in certain conditions when there is reduced bowel activity.

Check with your doctor or pharmacist if you:

- have cramps in the stomach or bowel as it may be temporary or may signal the presence of a more serious problem.

Always consult your doctor or pharmacist if the pain is severe or does not improve within 48 hours of taking TERRYWHITE CHEMMART® STOMACH RELIEF FORTE.

Tell your doctor immediately if your abdominal pain continues or worsens or occurs with symptoms like: fever, nausea, vomiting, changes in bowel movement, fainting, blood in faeces.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor or pharmacist if you are pregnant or intend to become pregnant.

Special care is recommended during pregnancy, particularly in the first three months.

Talk to your doctor or pharmacist if you are breastfeeding or intend to breastfeed.

Special care is recommended if you are breastfeeding as no studies have been conducted in nursing women.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with TERRYWHITE CHEMMART® STOMACH RELIEF FORTE and affect how it works. e.g.

- metoclopramide
- quinidine
- amantadine
- medicines used to treat some mental conditions
- any medicine which contains antihistamines (commonly used to treat allergies)
- any medicine for the treatment of depression, heart disease or respiratory disease
- anticholinergic medicines such as tiotropium or ipratropium
- any other medicine for the treatment of this or another stomach or bowel condition

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect TERRYWHITE CHEMMART® STOMACH RELIEF FORTE.

4. How do I use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?

How much to take

- Follow the instructions provided with the medicine
- Do not exceed the recommended dosage
- The recommended dose for adults and children over 6 years of age is one tablet up to four times a day as needed (leave at least 4-6 hours between doses)
- Do not give to a child under 6 years of age. Safety and effectiveness in children younger than 6 years has not been established

When to take TERRYWHITE CHEMMART® STOMACH RELIEF FORTE

- Ask your doctor or pharmacist for further information if they have advised you to take a different dose
- Do not take TERRYWHITE CHEMMART® STOMACH RELIEF FORTE for longer than 2-3 days at a time except on the recommendation of a doctor

- One pack of TERRYWHITE CHEMMART® STOMACH RELIEF FORTE (10 tablets) is enough for 2 ½ days treatment at the recommended dose.
- Discontinue taking the tablets if you no longer have pain.

How to take TERRYWHITE CHEMMART® STOMACH RELIEF FORTE

- Tablets should be swallowed whole with a little fluid.

If you use too much TERRYWHITE CHEMMART® STOMACH RELIEF FORTE

If you think that you have used too much TERRYWHITE CHEMMART® STOMACH RELIEF FORTE, you may need urgent medical attention.

Signs of overdose may include drowsiness, dry mouth, difficulty passing urine, reddening of the skin, decreased gastrointestinal tract movement, fast heart rate and sight disturbances.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE?

Things you should do

- Cramps in the stomach or bowel may be temporary or may signal the presence of a more serious problem.
- Always consult your doctor or pharmacist if the pain is severe or does not improve within 48 hours of taking TERRYWHITE CHEMMART® STOMACH RELIEF FORTE.
- Tell your doctor immediately if your abdominal pain continues or worsens or occurs with symptoms like: fever, nausea, vomiting, changes in bowel movement, fainting, blood in faeces.

Remind any doctor, dentist or pharmacist when you visit that you are using TERRYWHITE CHEMMART® STOMACH RELIEF FORTE.

Things you should not do

- Do not drink alcohol.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how TERRYWHITE CHEMMART® STOMACH RELIEF FORTE affects you.

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE may cause dizziness in some people

Drinking alcohol

Tell your doctor or pharmacist if you drink alcohol.

Alcohol may increase the chance of side effects such as drowsiness.

Looking after your medicine

- Leave all tablets in the pack until it is time to take a dose. The packaging protects the tablets.
- TERRYWHITE CHEMMART® STOMACH RELIEF FORTE should be kept in a cool dry place where the temperature stays below 30°C.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

You should not use TERRYWHITE CHEMMART® STOMACH RELIEF FORTE if the packaging is torn or shows signs of tampering.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions.

Common side effects

Less serious side effects	What to do
More broad or affecting different parts of the body: • Allergic reactions (such as skin rashes, or swelling of the face and difficulty in breathing). • Dry mouth • Fast heart rate • Reduced sweating • A skin condition called dyshidrosis • Difficulty with passing urine.	Speak to your doctor or pharmacist if you have any of these less serious side effects and they worry you.

Rare side effects

Serious side effects	What to do
More broad or affecting different	Call your doctor

parts of the body:

- sudden life-threatening allergic reactions (anaphylaxis with episodes of shortness of breath and shock).
- Coma
- Hallucinations
- Dystonia
- Confusion
- Agitation
- Dizziness

straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

7. Product details

This medicine is available from your pharmacy without a doctor's prescription.

What TERRYWHITE CHEMMART® STOMACH RELIEF FORTE contains

Active ingredient (main ingredient)	Hyoscine butylbromide
Other ingredients (inactive ingredients)	Povidone Silica - anhydrous Lactose Microcrystalline cellulose Magnesium stearate Opadry II White 85G18490

Do not take this medicine if you are allergic to any of these ingredients.

What TERRYWHITE CHEMMART® STOMACH RELIEF FORTE looks like

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE are film-coated tablets. These tablets are round, biconvex and off white in colour. (Aust R XXXXXX)

TERRYWHITE CHEMMART® STOMACH RELIEF FORTE is available in blister packs of 10 tablets.

**Who distributes TERRYWHITE CHEMMART®
STOMACH RELIEF FORTE**

TerryWhite Chemmart® pharmacies

PBA Wholesale Pty Ltd

Ground Floor, 50 Park Road,

Milton, QLD 4064

This leaflet was prepared in July 2022.